

ADVENTURES IN AWARENESS™

Integral HorseMapping

MANAGEMENT & COMMUNICATION SKILLS TRAINING WITH THE HELP OF HORSES

“THE PURPOSE OF ADVENTURES IN AWARENESS IS TO DEVELOP CONSCIOUSNESS WHILE EXPANDING AWARENESS.”



Join the Adventures In Awareness staff and herd of horses as they offer Integral HorseMapping to individuals and groups. This day long seminar is particularly suited for those seeking clarity in interpersonal relationship dynamics, team building strategies, intimacy skills and life purpose discovery.

About Barbara

Barbara has more than three decades sharing horses with people for their mutual benefit – mentally, physically, emotionally and spiritually. She has traveled the world training the trainers in her Adventure In Awareness process. Locally Barbara has held key leadership roles at Therapeutic Riding of Tucson (TROT) and Sierra Tucson Hospital where she developed the Equine Facilitated Psychotherapy (EFP) program. On a national level, she is co-founder of the Equine Facilitated Mental Health Association and has served two terms on the NARHA Board of Directors. Currently Barbara serves as Secretary on The Commission for Certification of Equine Facilitated Interaction Professionals. In Vienna, Austria, October '07, Barbara and her daughter Kelly R. Morken completed Licensed HorseDream Partner training.

www.horsedream-partners.com



- Discover Your Leader Within
- Develop Teamwork
- Open Creativity
- Experience Success with Challenges
- Absorb and Practice Empowered Integration
- Practice Alignment of Attention with Intention
- Know Presence
- Learn Three Forms of Effective Decision Making

Integral HorseMapping works with single clients, groups and teams in personal, structural and organizational elements.

The horses help us learn intrinsic essentials in a process focused on solutions.

Start Today

Bookings for AIA Integral HorseMapping may be arranged by calling Barbara at: +1 520.247.3383 or via email info@adventuresinawareness.net

Division and Department Manager Groups are ideally between 6 - 8 participants for a day's training, 10 am - 4 pm in the stable and teaching area. Lunch is included. Smaller groups and individuals welcome. \$1,500 per person.

“I was astounded as I watched the horses interact with my personally designed challenges and goal. This new way of seeing helped me become aware of my limiting thoughts and habitual self defeating patterns. I now have hope of conscious empowered change. Thank you! Special thanks to Ungita; she is an awesome mare.”



For more about Barbara and Adventures In Awareness Visit: www.adventuresinawareness.net

For more information and/or to schedule a session for yourself or your group contact:

Barbara K. Rector info@adventuresinawareness.net 520.247.3383