



# Hat Ranch Overnight

Williams, Arizona

August 2 - 3, 2011

Hat Ranch

## Barbara Rector with David and Stephanie Landreville



At 7 am on Tuesday, August 2<sup>nd</sup>, meet Adventures In Awareness staff, Barbara Rector & David and Stephanie Landreville in the Basha's parking lot of Catalina, AZ. We will car pool to Hat Ranch, via a no-host lunch stop in Prescott, AZ.

Our arrival at the ranch on Tuesday afternoon allows time for a settle into the Straw Bale House – our sleeping bags go on top of the beds – and a look around the amazing place. Stephanie and Barbara will put together our dinner. There is sumptuous stargazing and an AIA discussion led by David and Barbara of horses in this supervised wilderness herd.

Early Wednesday morning we clean up and stow our gear and enjoy a delicious Landreville camping hot breakfast. Our tour guide, Hat Ranch manager, Ed Forbis, wants us well fed for our four wheel trek to current meeting place of the herd. Our morning is spent in observation and interaction; guided by Ed's rules and the AIA safety spotting buddy process.

Mid-day we pack up and clean up leaving Straw Bale House and both Elmer's pristine and neat. We resume our car pool to Flagstaff for a no host late lunch on the square. After souvenir shopping, we make our late afternoon departure for Tucson.

### Items To Bring

- Sleeping bag
- Flash light
- Bath towel
- PJ's
- Toiletries
- Jeans (out with horses wear long pants)
- Sweater (BKR likes down vest for early am and late night)
- Closed toe shoes or boots – we are tramping around in raw desert volcanic rock
- Sun hat or visor
- Sun screen (we are at 7,500 feet; cool Ponderosa Pine Forest & open desert)

### Contact Information

info@adventuresinawareness.net

520.247.3383

[www.adventuresinawareness.net](http://www.adventuresinawareness.net)



### Workshop Fee is \$300

Workshop limited to 8 participants

RSVP +1 520.247.3383

Register with the attached form.

Please send check made out to AIA c/o Barbara Rector, to  
9852 E. Skyview Drive, Tucson, AZ 85748 USA

(Payment with PayPal invoice also available)



*The Purpose of Adventures In Awareness is to Develop Consciousness While Expanding Awareness*

ADVENTURES IN AWARENESS™  
Barbara K. Rector, Director  
[www.adventuresinawareness.net](http://www.adventuresinawareness.net)

### AIA WORKSHOP APPLICATION & REGISTRATION

Today's Date:

Name:

Address:

City:

State:

Zip:

Country:

Phone:

Cell:

E-Mail:

Website:

Date of Birth:

Age:

Date of last tetanus shot:

AIA Intensive:

Date & Place:

Personal Purpose for engaging with the AIA horses & staff in this equine facilitated experiential learning process?

While horse experience is not essential, briefly describe your horse background.

I identify as: horse professional.....animal handler.....health professional.....program  
administrator.....educator.....student.....management training.... interested in stress skills.....other:  
specify.....

Any Special Needs and/or Mobility Issues:

I am aware that this is an "experiential workshop" – learning through doing. I know I will be discovering more about myself as I learn to work with horses as colleagues in equine guided education. I am aware that equine facilitated experiential learning process work evokes feelings and emotions and is a personal growth experience. When I return home, my support system is: 12 Step Program.....Feelings Support Group.....Individual/group therapy.....Church group.....Spiritual practices group..... Family/Friend.....Coaching.....Other.....

Signature:

Date:

**Check made out to 'AIA'** Send Adventures In Awareness, 9852 E. Skyview Dr., Tucson, AZ 85748 USA  
Workshop fees are non refundable and do apply to another AIA workshop. Payments by credit card at  
[www.paypal.com](http://www.paypal.com) and "Send Money" to: [bkrector1@earthlink.net](mailto:bkrector1@earthlink.net)

