

GROUNDWORK THERAPY & ADVENTURES IN AWARENESS™

# LEADING EQUINE THERAPY PRACTITIONER TRAINING PROGRAM

## LEARNING INTENSIVE 1

Introduction to Equine Facilitated Teaching – Clients perspective

2 - 5 MAY 2018

## LEARNING INTENSIVE 2

Learning the Model to Teach

21 - 24 JUNE 2018

## LEARNING INTENSIVE 3

Practice Facilitation Skills

12 - 15 AUGUST 2018

**3 BLOCKS OF TUITION INTENSIVES \$6000** (\$2000 per intensive)

### YOU WILL LEARN:

- How to practice and facilitate equine therapy and personal development models
- Invitational approach to working with horses
- The equine perspective – horse knowledge and safety
- AIA facilitation skills
- Awareness and responsibility
- Horse as sentient being and co-facilitator
- Current research in the field
- Overview of setting up a business in an Australian context (insurance, networking, etc)

You will graduate the program with a certificate of completion in core principles and essential elements of AIA's Invitational Approach™.

## Barbara Rector

Frequently identified as OMI, grandmother of wellness work with horses, Barbara is credited with the development of psychotherapy practice with the help of horses (Equine Facilitated Psychotherapy EFP) in clinical setting of residential psychiatric hospital in early 1990. She has also contributed to the wide spread teaching practice of experiential education with the help of horses (Equine Facilitated Learning EFL). Her Adventures In Awareness™ (AIA) equine facilitated experiential learning process work trainings, seminars and Internship Program are attended by a diverse international community of clinical practitioners, educational facilitators and horse professionals..

## Kylie Peters

Kylie Peters (BSc, P grad dip psych, grad dip horse bus man, AIA graduate with merit, Advanced Eponaquest instructor, Assoc MAPS) is a psychologist. Kylie currently works with young people, families and adults addressing a range of issues specializing in family therapy, eating disorders, trauma and equine therapy. Kylie also offers training and supervision. Kylie has been facilitating equine facilitated therapy and personal development workshops for over ten years around Australia. She has trained under Barbara Rector, Shelley Rosenberg and Nancy Coyne.



For more information please contact: [kylie@groundworktherapy.com.au](mailto:kylie@groundworktherapy.com.au) or visit:

[GROUNDWORKTHERAPY.COM.AU](http://GROUNDWORKTHERAPY.COM.AU)

[ADVENTURESINAWARENESS.NET](http://ADVENTURESINAWARENESS.NET)