



# A Taste of Adventures in Adventures in Awareness™

October 1, 2015 • 11 am - 4 pm • Medicine Horse Ranch • Tomales, California



## With Barbara K. Rector MA, CEIP-ED

Join us on a fifth generation 1000- acre ranch in beautiful Tomales, CA for an informative, transformational and restorative day of hands-on learning with the help of horses. This one-day is designed to introduce participants to the universal principles and core elements inherent in the nature of horse-human relationship. Horses have partnered with humans for millennia. Horses are master teachers of authentic communication and congruent message sending. Join us for a day of learning how horses help humans develop awareness and explore consciousness.

### Our 1-Day Learning Focus:

- Become Enlivened Exploring the Bioenergetics Electro-Magnetic Field for All Life
- Discover Different Ways of Inner Knowing
- Regain Self-Esteem and Self-Confidence
- Practice Presence
- Gain Fresh Perspectives
- Nourish Creativity in Change
- Deepen Trust and Respect for Self and Others

### Registration Details:

\$295.00 Cost: \$250 as Early Bird Special, if paid by September 10th. Bring a brown bag lunch. Coffee, tea and snacks are provided. Wear closed toed shoes, long pants and long sleeve shirt. Bring water bottle, sunscreen and hat.

### To Enroll:

Contact Alyssa Aubrey, 707-878-2440 or email: [office@medicinehorseranch.org](mailto:office@medicinehorseranch.org). Registration is required as space is limited to 8 participants.



*All activities with the horses are on the ground, and do not include horseback riding. No previous riding/equestrian experience required.*



*The purpose of Adventures In Awareness is to expand Awareness and develop Consciousness*