

Leadership with Heart

Working with Horses to Discover Your Leader Within



US Federal Agents write of their experience with Adventures In Awareness Leadership from the Heart seminar. . .

"The collaborative group activity where the whole group interacted with Rama at one time was a great step toward a collaborative work model. At first, each individual was trying to do their own part. They were aware of the group, but were trying to accomplish their individual mission. As we moved along, each individual began to realize that in order to succeed, each had to collaborate. As collaboration and cooperation began to blossom, the collective body began to succeed."

— Robert E.

"I just wanted you to know that yesterday's training, in the space of only a few hours, brought me to a powerful and immediate understanding of something that I've anguished over literally for years – namely, my natural place or role in the group. During the group exercise, when the horse sensed we were in the wrong positions, you moved me to 'point.' That move caused a rush of memories about a previous experience in my life that I haven't thought about for over 30 years, and that, prior to yesterday, would have seemed trivial and forgettable."

—John A.

Join the Adventures In Awareness™ horses and staff for an invigorating and fun training day.

Our horses demonstrate and teach organizational dynamics and new team building strategies.

Participants uncover their own collaborative leadership styles that best impact productivity in the workplace.

Leadership with Heart is participant-centered and solution-focused. Since 80% of human interaction is non-verbal communication, Leadership with Heart uses non-verbal horse behavior to simulate team dynamics for new insights.

This day long seminar works with horses to teach leadership and communication skills. Effective processes for achieving goals and overcoming obstacles while promoting team development are practiced.

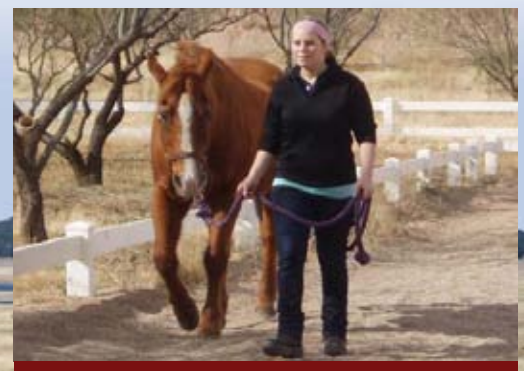
Participants will:

- **Acquire Self Responsibility within a Team Structure**
- **Adopt Fresh Perspectives**
- **Learn Best Form of Effective Decision Making**
- **Experience Success with Obstacles**
- **Develop Fun Effective Team Work**
- **Discover Power of Intentional Focus**

Start Today

Bookings for Leadership Skills Training may be arranged by a call to Barbara at: +1 520.247.3383 or via email info@adventuresinawareness.net

Directors, Division and Department Heads — Groups are ideally between 4-8 participants. Lunch may be included. Individual, smaller and half-day sessions may be arranged. Larger groups are also welcome.



The purpose of Adventures In Awareness is to expand Awareness and develop Consciousness

About Barbara K. Rector



Barbara has four decades sharing horses with people educationally and therapeutically. She has traveled the world training professionals in her unique process for learning what horses have to teach humans. Horses offer life skills of self responsibility, clear communication, effective listening, congruent behavior and heart centered teamwork. Barbara holds a Masters in Spiritual Psychology from Holy Names University; she is a lifelong student and teacher. Her love of horses has her joining with the University of Arizona Medical School to research the physiology of the horse and human bond. Her first book, *Adventures In Awareness: Learning with the Help of Horses* is available in paperback and e-book format from Amazon. Both Barbara and Kelly are Licensed HorseDream Partners.

About Kelly M. Kreiselmeier



Kelly M. Kreiselmeier has a Bachelor of Social Work and a Masters in Public Administration from Northern Arizona University. She is currently the Compliance Officer for a large health care organization. Kelly has been a life long horsewoman and enjoys sharing their "gifts"

with others.

"I was new to horses. Getting to know them up close and recognizing I actually could 'read' their non-verbal communication gave me first hand experience with how much information is being exchanged – between people – all the time. The exercises with the horses helped me discover my inner leader. Fun Day.

-Will W.

Clients

Professional Association of Therapeutic

Horsemanship International (PATH, Intl.) Regional Conference

Bob Cote's Tanque Verde Guest Ranch • Delta Society

U.S. Federal Government • Cottonwood Tucson • Al-Marah Arabians

Society of Organizational Learners • Kids Animals and Dreams, Inc.

Sunstone Cancer Foundation • NARHA National Conference

MidWest Trauma Center • Arabian Nights in Orlando • Johrei Fellowship

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Location Possibilities

United Kingdom • Scotland • Ireland

USA • Australia • Austria

Germany • Sweden • Canada

Any major city in the US and the

AIA home base of Tucson, Arizona

