Leadership from the Heart



Our horses demonstrate and teach organizational dynamics and team building strategies offering participants skills for increased productivity and enhanced revenue production in their workplace. Integral HorseMapping is participant centered and solution focused.

About Barbara K. Rector



Barbara has almost four decades sharing horses with people for their mutual benefit — mentally, physically, emotionally and spiritually. She has traveled the world training the trainers in her Adventure In Awareness process. Locally Barbara has held key leader-

ship roles at Therapeutic Riding of Tucson (TROT) and Sierra Tucson Hospital where she developed the Equine Facilitated Psychotherapy (EFP) program. On a national level, she is cofounder of the Equine Facilitated Mental Health Association and has served two terms on the NARHA Board of Trustees. Currently Barbara serves as Secretary on Certification Board for Equine Interaction Professionals.

About Kelly R. Morken



Kelly has a Bachelors in Social Work and a Masters in Public Administration from Northern Arizona University and is Director of Compliance for Evercare Select of UnitedHealthcare. Kelly is adjunct faculty member of

Phoenix College teaching "Fundamentals in Health Care Delivery Systems". Kelly's love is sharing the "gift" of the horse and all that they offer. She is a life long horsewoman.

On an International level Barbara and Kelly completed Licensed HorseDream Partners 07 with studies in Germany and Austria - www.horsedreampartners.com

80% of human interaction is non-verbal communication.

This day long Integral HorseMapping seminar works with horses to teach leadership and communication skills, effective processes for achieving goals and overcoming obstacles while promoting team development.

- Learn Three Forms of Effective Decision Making
- Develop Teamwork Practice the Responsibility Agreement
- Experience Success with Challenges
- Practice Alignment of Focus with Intention
- Know Presence Have Fun

Start Today

Bookings for Leadership Skills Training may be arranged anywher on the globe. Call Barbara at: +1 520.247.3383 or via email: info@adventuresinawareness.net

Directors, Division and Department Heads — Groups are ideally between 4-8 participants. Lunch may be included. Individual, smaller and half-day sessions may be arranged. Larger groups are also welcome.

"I was new to horses. Getting to know them up close and recognizing I actually could 'read' their non-verbal communication gave me first hand experience with how much information is being exchanged – between people – all the time. The exercises with the horses helped me discover my inner leader. Fun Day, -Will W.

