

ADVENTURES OF THE HEART: LEARNING WITH HORSES

WITH BARBARA RECTOR, JACKIE STEVENSON AND LAKE ERIE COLLEGE HORSES

THURSDAY, MAY 20, 2010, 5:30 P.M. - 9:00 P.M.
GEORGE M. HUMPHREY EQUESTRIAN CENTER

SPONSORED BY: Lake Erie College, Equine Studies Department, The Center for Leadership and Professional Development and Spirit of Leadership

OVERVIEW: Join us for an adventure of the heart with horses for professional development or personal discovery to:

- Experience the power of horses to change lives
- Explore conscious relationship
- Enhance capacity for deep listening and effective communication
- Listen and read the "heart field" and energetic flow
- Develop abilities for positive change through emotional and embodied intelligence
- Strengthen awareness of intuitive, innovative and creative skills
- Learn from non verbal, body language, and cross-species communication

WHO WILL BENEFIT: Anyone who is curious about getting to know oneself and others through the heart lens of the horse.

Individuals who are:

- Those interested in Equine Guided Therapy, Education or Coaching
- Horse enthusiasts
- Horse owners seeking fresh perspectives
- Social Workers, Counselors, Marriage & Family Therapists
- Those seeking personal discovery

The May 20th evening, and day-long weekend sessions on May 21 and/or 22nd workshops are designed to develop communication and interpersonal relationship skills, promote awareness, and integrate insights into activities of daily life.

Become more familiar to learn through doing (equine facilitated learning) while focused on a specific aspect of Adventures In Awareness equine facilitated experiential learning process work. Horses facilitate our developing "Consciousness". Gain a better understanding of Equine Guided Education how it works and its development through Therapeutic Riding to Equine-Facilitated Psychotherapy (EFP) and Equine-Facilitated Learning (EFL).

This workshop equates to four (4) hours of total instruction. **SOCIAL WORKERS / COUNSELORS** – The State of Ohio Counselor and Social Worker and Marriage & Family Therapist Board has approved this activity for 4.00 hours of Continuing Professional Education (CPE) for social workers, counselors and marriage & family therapists, Approval No. XXXXXXXXX.

AGENDA: May 20, Thursday

5:30 p.m. - 6:00 p.m. Arrival at College Equestrian Center, Light Buffet Dinner and Opening Remarks

6:15 p.m. -9:00 p.m. Presentation, Demonstration and Hands-On Participation – Arena and Lake Erie College Horses

(Closed-toe shoes with hard sole heel required for those who wish to participate.)

And ... preview this work in May and continue beyond to earn Level I and Level II full certification in Lake Erie College's Experiential Learning with Horses: Developing Human Potential for Positive Change program on August 26-29. Find out more at www.lec.edu/professional.

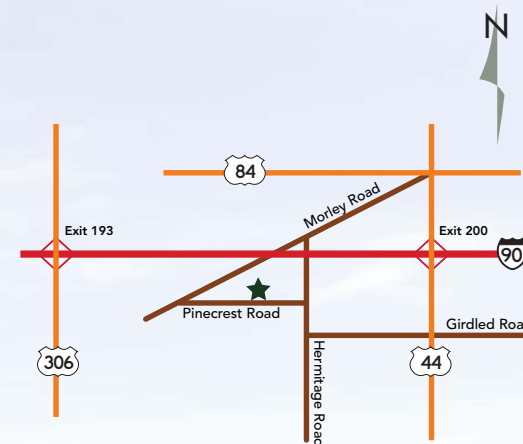
ABOUT THE PRESENTER: Barbara has more than three decades sharing horses with people for their mutual benefit – mentally, physically, emotionally and spiritually. She has traveled the world training the trainers in her Adventure In Awareness process. Locally Barbara has held key leadership roles at Therapeutic Riding of Tucson (TROT) and Sierra Tucson Hospital where she developed the Equine Facilitated Psychotherapy (EFP) program. On a national level, she is cofounder of the Equine Facilitated Mental Health Association and has served two terms on the NARHA Board of Directors. Currently Barbara serves as Secretary on The Commission for Certification of Equine Facilitated Interaction Professionals. In Vienna, Austria, October '07, Barbara and her daughter Kelly R. Morken completed Licensed HorseDream Partner Training.



FEE: \$30

"I was new to horses. Getting to know them up close and recognizing I actually could 'read' their non-verbal communication gave me first -and experience with how much information is being exchanged – between people – all the time. The exercises with the horses helped me discover my inner leader." Fun Day, Will W.

LOCATION: Lake Erie College - George M. Humphrey Equestrian Center, 8031 Morley Road, Concord, Ohio 44077



Directions to the Lake Erie College George M. Humphrey Equestrian Center:

From I-90 and SR 44

- South on SR 44 (left toward Chardon off ramp) to Girdled Road - approx. 1 mile (at stop light after SR 44 becomes a two lane highway)
- Turn right (west). Continue on Girdled Rd. It bears right and becomes Hermitage Road
- Go approximately 2/10 mile to Pinecrest Road (T road to left)
- Turn left
- Go approximately 1/2 mile to the back entrance of the Equestrian Center (on right)
- Turn right onto gravelled drive

Please Note: Do not follow signs to Lake Erie College campus. The Center is located in Concord Township.

CONTACT NAME: Kathleen R. Homyock, Director, Center for Leadership and Professional Development, 440.375.7144, khomyock@lec.edu

Register and make \$30 payment for Thursday's event at Lake Erie College at www.lec.edu/professional or mail registration brochure form to Lake Erie College, Center for Leadership and Professional Development, Box 372, 391 West Washington, Painesville, OH 44077.

Barabar Rector's book, *Adventures in Awareness: Learning with the Help of Horses* will be available for purchase and signing.

REGISTRATION - MAY 20 only

This registration form is for the May 20, Thursday Event only.

NAME

ORANIZATION

ADDRESS

CITY / STATE / ZIP CODE

COUNTY

WORK / CELL PHONE

E-MAIL

Are you a student or graduate of Lake Erie College? Yes No
 Year _____ Major _____

Are you obtaining Social Worker continuing education credits? Yes No

PAYMENT OF MAY 20, THURSDAY \$30 FEE ONLY:

Check VISA MasterCard Discover

Make checks payable to Lake Erie College

CREDIT CARD #

EXP DATE/CVC CODE

AMOUNT AUTHORIZED

SIGNATURE/DATE

Pursuant to the Americans with Disabilities Act, do you require specific aids or services? Visual Audio Mobile

To register for weekend workshops, contact Jackie Stevenson at 440.338.1752 or jls82347@aol.com.

OTHER BARBARA RECTOR LEARNING PROGRAMS

WEEKEND OF MAY 22-23: FULL DAY ADVENTURES OF THE HEART WORKSHOPS

With Barbara Rector, Jackie Stevenson and a herd of eight at Pebble Ledge Ranch (Novelty, OH)

▶▶▶ ADVENTURES OF THE HEART: LEARNING WITH HORSES FOR EQUINE PROFESSIONALS Saturday, May 22, 2010, 9:00 a.m. - 5:00 p.m.

A dynamic training opportunity for professionals who are currently practicing or who are preparing to practice equine guided education, equine assisted therapy or equine facilitated coaching. Build on your current strengths, learn new skills and expand your capacity to partner with horses in service of human development, learning and healing. To include a EAHAE Horse Dream International Partner Experience

Fee: Saturday Only \$195.00
Saturday and Sunday \$295.00

Current Lake Erie College students and alumni and 2009 Experiential Learning with Horses Certificate program graduates will receive a \$45.00 discount on full day professional workshop.

▶▶▶ ADVENTURES OF THE HEART: LEARNING WITH HORSES FOR PERSONAL DISCOVERY Sunday, May 23, 2010, 9:00 a.m. - 4:00 p.m.

A hands-on opportunity partnering with horses to engage in "Adventures of the Heart". Discover what has heart and meaning for you, awaken your intuition, nurture your soul and revitalize your spirit.

Fee: Sunday Only \$155.00

FOR MORE INFORMATION OR WEEKEND PROGRAM REGISTRATION:
Jackie Stevenson | e. jls82347@aol.com | t. 440.338.1752 | w. spirit-of-leadership.com



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FORWARDING SERVICES REQUESTED

COLLEGE:
440.296.1856
440.942.3872

PROFESSIONAL
DEVELOPMENT:
Kathleen Hornyock
Director, Professional
Development
440.375.7144

Jackie Stevenson
Program Director
440.338.1752

GUEST SPEAKER/WORKSHOP SERIES ADVENTURES OF THE HEART: LEARNING WITH HORSES FEATURING BARBARA RECTOR



**THURSDAY, MAY 20, 2010
5:30 P.M. – 9:00 P.M.**
George M. Humphrey Equestrian Center