



Co-Facilitators

Barbara K. Rector, MA, CEIP-ED
Ann C. Alden, MA CEIP-ED &
NARHA Instructor
Herd at Borderlands Center

Suggested Reading

Ride the Right Horse

Yvonne Barbeau
www.amazon.com

The Circle of Trust

Walter Zettle
www.amazon.com

Dressage In the Fourth Dimension

Sherry Ackerman, Ph.D.
www.amazon.com

Workshop Schedule

Friday

3:00 pm - 9:00 pm

You will need to be checked into your lodgings before meeting at the Center at 3:00.

Saturday

8:00 am - 5:00 pm

Sunday

8:30 am - 2:30 pm

Directions

Borderlands Center for Equine Assisted Services in Sonoita is the private home ranch of Ann C. Alden and her generous sized herd of equine facilitated learning colleagues, located at 108 Apache Trail in Sonoita, AZ 85637. The Stables are approximately 1 1/2 hours Southeast of Tucson International Airport. From Tucson, take I-10 East to exit 281 and merge on to State Hwy 83 until you reach Sonoita at the intersection of Hwy 83 & Hwy 82. Continue South on Hwy 83, past the fairgrounds where it makes a 90 degree left turn. After the left turn take the first right, Los Encinos, and follow it south. It passes the Xanadu B & B just as it makes a 90 degree left turn. After this 90 degree turn take the first right onto Apache Trail (dirt road) and follow it to where it dead ends at the Center.

The Equine Perspective

August 21 - 23, 2009

Borderlands Center

Sonoita, Arizona



The mission of Adventures in Awareness sessions, seminars and workshops is to consciously engage the power of horses in learning compassionate communication, exploring heart-based interpersonal intimacy while practicing self responsibility focused on personal growth and insight development.

Learn to expand your awareness of the many aspects of the horse's body language, behavior and instincts - physiological and psychological needs.

Engage and practice with the energetics of equine gestalts as we prepare for mounted skills practice of the AIA developmental feelings process, Trust Walk; foundational practices for AIA Journey Ride.

Working with the principles of 'Witness' and 'observer' helps participants open the door to "Subtle sense perception" and its role in communication with others. Participants will be "looking at the world behind our eyes" while engaged in mounted balance seat skills practice with full support team.

Expanding our awareness of horses in the physical, emotional and non-local aspects of their being helps us gain a more inclusive picture of their perspective. This examining process allows us access to depth of inner knowing and practice with our intuitive sense.

This seminar includes mounted work. Suggest stretch jeans or breeches, hard sole shoes or paddock boots. Bring your personal hard hat or use one of ours.

Tuition & Registration

The Equine Perspective Fees: Tuition \$950 and includes catered Friday and Saturday dinners, Saturday and Sunday lunches, teaching notebooks, human and equine faculty. Travel and other meals on your own. Deposit \$600. **The deposit is non-refundable and does apply to other AIA seminars & trainings.**

Car rental Enterprise www.enterprise.com available at Tucson International Airport.

A. Print an application online

<http://www.adventuresinawareness.net/forms/workshop.htm>

Please send completed application and deposit check of \$600 made out to "AIA" to Barbara K. Rector, 9852 E. Skyview Dr., Tucson, AZ 85748

B. Register and pay online

<http://www.adventuresinawareness.net/registration/equineperspective.htm>

Choose "AIA Facilitation Skills Workshop" and follow the steps to register and pay \$600 deposit or full amount online with PayPal/Credit Card.

Lodging

Lodgings and other meals on arrangement can be made from this especially selected list:

Xanadu Ranch: www.xanaduranchgetaway.com 520.455.0050

Rainbows End: www.rainbowsendbandb.com 800.797.8274

La Hacienda de Sonoita: www.haciendasonoita.com 520.455.5308

Crown C Ranch: www.crowncranch.com 520.455.5739

Walker Ranch: www.thewalkerranch.com 520.455.4631

Contact For More Information:

Contact Barbara at info@adventuresinawareness.net, call

520.247.3383 or visit here website at www.adventuresinawareness.net



The Purpose of Adventures In Awareness is to Develop Consciousness While Expanding Awareness