

ADVENTURES IN AWARENESS™

Hat Ranch Adventure

Professional Skills Training, August 13 - 17, 2008

“THE PURPOSE OF ADVENTURES IN AWARENESS IS TO DEVELOP CONSCIOUSNESS WHILE EXPANDING AWARENESS.”

This training seminar examines the essential elements of the Adventures In Awareness equine facilitated experiential learning process work model. Participants are offered an opportunity to experience the AIA inner-active exercises with horses as they learn by doing; first for themselves and then practice facilitate for other while simultaneously being the AIA Safety Agreement. “I am and I agree to be responsible for myself today and thus contribute to the safety of the group.”

The Workshop site is a lovely private ranch located in the last remaining Ponderosa Pine stand on the North American continent, 7,800' elevation, in Northern Arizona, 35 minutes west of Flagstaff, AZ (2.5 hours drive northwest of Phoenix Sky Harbor airport). Hiking, wildlife, and nature contribute enrichment. Ranch is home to some of the Al-Marah Arabians turned out on several thousand acres during their yearling to ready-to-back years.

FACILITATORS

Barbara K. Rector, MA, CEFIP-ED
Ann Alden, MA, CEFIP-ED,
NARHA Certified Instructor
Anna Calek, MA, USDF Bronze

ENRICHMENT FACULTY

Nancy Waite-O'Brien, Ph.D., VP
Betty Ford Center, AIA Resource Clinical; Projection, Transference & Counter-Transference.

David Landreville, Artist & Horseman

SUGGESTED READING

Adventures in Awareness Learning with the Help of Horses

By Barbara K. Rector
aialearningwithhelpofhorses.com

Presence, Human Purpose and the Field of the Future

By Peter Senge, C. Otto Scharmer, Joseph Jaworski and Betty Sue Flowers

The Diamond Cutter, the Buddha on Managing Your Business and Your Life

By Geshe Michael Roach

This residential learning experience is particularly beneficial for individuals who are interested in achieving clarity of life purpose, rewarding interpersonal relationships, and compassionate, heart-centered communication skills. Carefully structured inter-active exercises are designed to create bonding, promote team building, and develop personal insights.

Participants interact with horses “experientially” – learning through doing, to evoke self-developed insights and practice with language of metaphor found in a schooling barn.

Communication and interpersonal relationship skills are learned and practiced with the help of the horses who function as mirror – reflecting energetic components of self.

This opportunity to study and practice the AIA core essential elements is particularly useful for program team members; mental health clinicians, educators and horse professionals.

REGISTRATION

Tuition of \$1,450 includes double occupancy rooms with shared indoor baths, all meals and snacks, staff—human and equine. The deposit is non-refundable and does apply to other AIA trainings and seminars. Space is limited. There is an early registration \$75 tuition fee discount for deposits received by July 1, 2008, making the tuition \$1,375.

A. Print an application online

http://www.adventuresinawareness.net/forms/hat_ranch.htm

Please send completed application and deposit check of \$750 made out to “AIA” to Barbara K. Rector, 9852 E. Skyview Dr., Tucson, AZ 85748

B. Register and pay online

<http://www.adventuresinawareness.net/registration>

Choose “Hat Ranch Adventure” and follow the steps to register and pay \$750 online with PayPal/Credit Card.

Water is conserved; most of the energy is sun-generated solar panels so don't pack your hair dryer. Bring a flash light, sunhat and sun screen. Layered dressing works best, long pants and close toed shoes for work around the horses. Down vest for early mornings is heartily recommended by Barbara.

REMINDER

This workshop is not about riding. Our focus is on relationship and communication. The TRUST WALK exercise is sometimes done mounted and is optional as are all the ‘challenge through choice’ equine inner-actives. The ambience of Hat Ranch is ideal for couples.



ADVENTURES IN AWARENESS™
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