

ADVENTURES IN AWARENESS™

Fast Track Intensive

RELATIONSHIP ENERGETICS & EQUINE PERSPECTIVE

FEBRUARY 20 - 23, 2008 · TUCSON, ARIZONA

“THE PURPOSE OF ADVENTURES IN AWARENESS IS TO DEVELOP CONSCIOUSNESS WHILE EXPANDING AWARENESS.”

FAST TRACK INTENSIVE includes the principles of Relationship Energetic and The Equine Perspective merged with new advanced curriculum of Integral HorseDream Mapping. This is Significant opportunity for the student of Equine Facilitated Learning and Equine Facilitated Psychotherapy to develop familiarity with core AIA principles that both include and interface with the remarkable Integral HorseDream Mapping process suitable for both group and individual work.



RELATIONSHIP ENERGETICS works with the process of projection through the lens of the heart. The emerging science of energy cardiology informs our explorations. The huge significance of witness role and activity of “witnessing” is examined and practiced. Our work is the round ring tending gestalts facilitated by mutually chosen, con su permiso horses.

EQUINE PERSPECTIVE helps participants learn to expand their awareness of the many aspects of the horse’s language and needs. Emphasis is placed on equine physiology and psychology while engaging in elementary preparation for mounted balance seat skills practice. Our goal is achieving inner balance while in motion. Basic elements of the full support team process are examined and practiced. Appropriate adaptive tack is explored and mounting block process and pony club dismount is practiced. The AIA equine inner-actives of Developmental Feelings Process and Trust Walk are worked through the AIA Safety agreement.

This seminar develops more effective and compassionate communication skills with the help of horses. Working with AIA Essential Elements we deepen our knowledge of self, thus contributing to our capacity for intimate relationship.

INTEGRAL HORSE DREAM MAPPING combines personal, structural and organizational constellations with horses, coaching, mind mapping and the “Integral Theory.” You will learn how to work with the help of horses in personal and organizational constellations and how to interpret the outcomes.

SCHEDULE Wednesday, February 20, 2008, 3 - 9 pm in Tucson through Saturday, February 23, 2008. Thursday & Friday are 9 am - 5 pm in the local barn and Saturday schedule is 10 am to 4:30 pm.

TUITION: \$1200 and includes lunches Thursday - Saturday and a light dinner Wednesday night. **Deposit of \$600 required.** The deposit is non-refundable and does apply to other AIA seminars and trainings. Lodgings on your own.

REGISTRATION

A. Print an application online

<http://www.adventuresinawareness.net/forms/workshop.htm>
Please send completed application and deposit check of \$600 made out to “AIA” to Barbara K. Rector, 9852 E. Skyview Dr., Tucson, AZ 85748.

B. Register and pay online

<http://www.adventuresinawareness.net/registration>
Choose “Fast Track Intensive” and follow the steps to register and pay \$600 online with PayPal / Credit Card.

LODGING SUGGESTIONS

Comfort Suites on Tanque Verde: www.choicehotels.com
800.4choice - 7007 E. Tanque Verde Rd.

Hilton Tucson East: www.tucsoneast.hilton.com
520.721.5696 - 7600 E. Broadway.

Bed & Breakfasts

The Desert Oasis of Tucson Hacienda del Desierto
www.tucson-bed-breakfast.com - 800.982.1795

BENEFICIAL READING

Adventures In Awareness Learning with the Help of Horses. Barbara K Rector
aialearningwiththelhofhorses.com

The Heart’s Code Paul Pearsall, Ph.D. www.amazon.com

The Hidden Messages in Water Dr. Masaru Emoto,
www.amazon.com

The Biology of Belief Bruce Lipton, Ph.D., www.amazon.com

FACILITATORS

Barbara K. Rector, MA,
CEFIP-ED

Ann C. Alden, MA,
Registered NARHA
Instructor

Anna M. Calek, MA,
USDF Bronze Medal

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